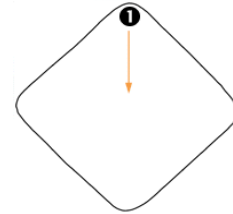


WORKSHEET: FOLDING A CLOTH NAPPY

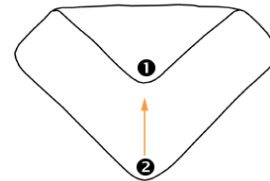
Step 1

- Start with the nappy laid flat
- Fold the top corner in towards the centre. How much you fold in is dependent on how wide you need the waist of the nappy to be. The further in you fold the corner, the larger the 'waist' of the nappy will be



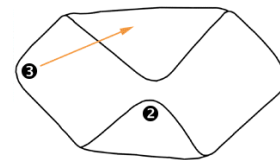
Step 2

- Fold the opposite corner up towards the centre
- How far to fold depends on how long you need the nappy to be and how narrow the point between the legs will end up being



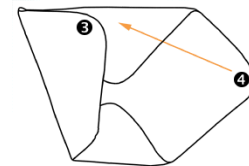
Step 3

- Now pull corner '3' across and up so that the corner ends up in the centre of the flat edge at the top of the nappy



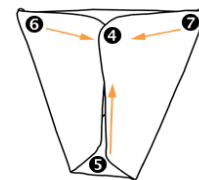
Step 4

- Now do the same with corner '4'



Step 5

- Place a liner in the centre of the nappy if required. Lay the infant on the nappy with the waist level with the top edge of the nappy. Pull the nappy (15-20 cm) up between the infant's legs and the wings (12 -15 cm) around the infant's waist before fastening with a nappy pin, making sure to grip/pin fabric from all three parts of the nappy to secure it snugly



Step 6

- This diagram shows the finished folded nappy. The orange areas show the inside of the nappy and areas '8' are the leg holes.

