

(18) Evidence of competence in _____

1.	The best example.	
2.	Context: brief details of the circumstances.	
3.	Level of responsibility on this occasion. The scale and scope of the issue.	
4.	Personal contribution: what I did.	
5.	Who else was involved on this occasion – and what they did. How I involved or worked with others.	
6.	The outcomes of my actions or involvement.	
7.	What worked well on this occasion?	

8.	What lessons did I learn from this occasion?	
9.	What would I do differently on another occasion?	
10.	How typical this example is of my life or work experience.	
11.	Brief details of a recent (or second) example.	
12.	Brief details of a third, preferably contrasting, example.	
13.	How could this competence be applied to other situations?	
14.	How do I measure my success for this competence?	